



Small Group Guide: Dancing with the One Who Brought You

Based on Colossians 2:6-7

Opening Prayer

Begin your time together by inviting the Holy Spirit to guide your discussion and open hearts to what God wants to reveal.

Icebreaker

Share a "southern saying" or regional expression from where you grew up and what it means. Or, if you're not from the South, share a confusing phrase you've heard since moving here!

Key Scripture

Colossians 2:6-7 - "Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving."

Main Takeaways

1. **Christ Jesus is Lord of All** - We must surrender every area of our lives to Jesus as Lord, not just our eternity.

2. **Walk the Same Way You Came** - Live by the same faith that brought you to Christ initially—complete dependence and surrender.
3. **Walking In Christ is Daily** - Christianity is meant to be an intimate, daily relationship, not just a Sunday obligation.
4. **Rooted and Built Up** - We must establish deep roots in Christ that can withstand any storm.
5. **Live in Gratitude** - Abounding thanksgiving flows from remembering what Christ has rescued us from.

Discussion Questions

Understanding the Message

1. Brian emphasized that "Christ is either Lord over all or nothing at all in our lives." What does this statement mean to you? Do you agree or disagree? Why?
2. Read the three ways Paul describes Jesus in verse 6: "Christ Jesus the Lord." Why is this specific construction significant? How does it differ from seeing Jesus as just Savior?
3. What does it mean practically to "walk in Christ" rather than walk *to*, *with*, *from*, *for*, or *behind* Him?

Personal Reflection

4. Brian asked: "What is the thing in your life right now that you're struggling with to allow Jesus to be Lord over?"
 - Take a moment of silence for personal reflection
 - If comfortable, share what came to mind
5. Think back to when you first came to faith in Christ. How has your daily walk changed since then? In what ways have you grown? In what ways have you perhaps drifted?
6. Brian mentioned several practices for walking with Christ:
 - Studying Scripture
 - Developing quick obedience
 - Keeping open communication with Jesus throughout the day ("breath prayers")
7. Which of these comes most naturally to you? Which is most challenging?

Going Deeper

7. Read Psalm 1:1-3. How does the image of a tree planted by streams of water relate to being "rooted and built up in Christ"? What does this look like in everyday life?
8. Brian said, "I want to barely recognize who I was 10 years ago."
 - Is there visible, measurable change in your life over the past year? Five years?
 - What would friends or family say has changed about you?
9. The sermon emphasized living in grace rather than shame and guilt. Why is abounding thanksgiving impossible if we're still living under condemnation? How does gratitude flow from grace?

Practical Application

10. Brian described "breath prayers" —quick prayers throughout the day as we walk into meetings, conversations, or challenges.
 - What would it look like for you to practice this this week?
 - Share examples of when you might pray these prayers
11. What specific, practical step can you take this week to deepen your walk with Christ? (Examples: change how you read Scripture, set phone reminders for breath prayers, confess a specific area you've been withholding from His lordship)

Practical Challenges for the Week

Choose one or more to commit to:

Daily Walking

- Practice "breath prayers" throughout your day. Keep a running conversation with Jesus about everything you're doing.

Scripture Engagement

- Try a new way of reading Scripture this week:
 - Switch translations
 - Read one paragraph and meditate on it all day
 - Journal what the Spirit is showing you

Lordship Audit

- Make a list of the major areas of your life (relationships, finances, career, time, entertainment, etc.)
- Honestly assess: Have I surrendered this area to Jesus as Lord?
- Pray through each area, releasing control

Gratitude Practice

- Each evening, write down three specific things you're grateful for that point back to what Christ has done for you
- Focus on grace, forgiveness, and redemption

Root Check

- Identify where you've been building your stability (career, relationships, finances, reputation, etc.)
- Ask: What happens when this thing is shaken?
- Pray about transferring your roots deeper into Christ

Accountability Questions

For next week's gathering:

1. Did you complete the challenge you committed to?
2. What did God show you this week about walking in Him?
3. Where did you experience resistance or difficulty?
4. What breakthrough or insight did you receive?

Closing Reflection

Billy Graham's Quote: "No man can be said to be truly converted to Christ who has not bent his will to Christ."

- Spend a few minutes in silent prayer, asking God to reveal any area where you haven't fully bent your will to Him
- Close by praying for one another regarding the specific areas shared tonight

Closing Prayer

Pray together, thanking God for:

- His lordship over all creation
- The grace that transfers us from darkness to light
- The invitation to walk intimately with Him daily
- The strength that comes from being rooted in Him
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Ask God for:

- Courage to surrender every area of life to His lordship
- Consistency in daily walking with Him
- Deep roots that can withstand any storm
- Hearts that abound in thanksgiving

