

Opening Question:

What image or metaphor comes to mind when you think of God's power? Share with the group.

Key Takeaways:

- 1. God is portrayed as a powerful lion, demonstrating His strength and authority.
- 2. Positions of power change, but God is always in control.
- 3. Our appropriate response to God's power is to be still and trust Him.
- 4. God fights for us and works all things for our good, even in difficult circumstances.
- 5. True refuge is found in developing a personal relationship with God.

Discussion Questions:

- 1. The sermon mentions that "positions of power change, but God is always in control." How does this truth impact your daily life and decision-making?
- 2. Reflect on Psalm 46:10: "Be still and know that I am God." What does it mean to you to "be still" in God's presence? How can we practice this in our busy lives?
- 3. The pastor asks, "What's the powerful force in this world that causes you to sleep at night?" How would you answer this question honestly? How can we shift our trust more fully to God?
- 4. Discuss the concept of God as our refuge (Psalm 91:1-4). How have you experienced God as your refuge in challenging times?
- 5. The sermon emphasizes that God's power is now displayed through the church and individual believers. How can we better allow God's power to be manifested in our lives?
 6. Jonathan Edwards' sermon points state that "your bad things will turn out for good" and "the best things are yet to come." How do these statements encourage you in your current circumstances?

Practical Applications:

1. This week, set aside 10 minutes each day to "be still" in God's presence. Reflect on His power and control over your life.

- 2. Identify one area of your life where you struggle to trust God fully. Commit to praying specifically about this area, asking God to increase your faith.
- 3. Write down three ways you've seen God's power at work in your life recently. Share these with a friend or family member to encourage them.
- 4. Choose a verse from the sermon (e.g., Psalm 46:10, Romans 8:28) to memorize and meditate on throughout the week.
- 5. Look for an opportunity to be God's "refuge" for someone else this week by offering support, encouragement, or practical help.

Closing Prayer:

Close the session by having group members pray for each other, specifically asking God to demonstrate His power in areas where they feel weak or challenged.