

T H E P S A L M S O F

A SUMMER
STUDY FROM
EXCHANGE CHURCH

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Read Psalm 70 **Discussion Questions:**

How might our approach to God and others change if we truly embraced our own poverty and neediness?

In what ways do we tend to read ourselves into the most impressive parts of biblical stories, and how can we shift our perspective?

How does recognizing our spiritual bankruptcy open us up to receiving the fullness of God?

What are some practical ways we can cultivate a posture of humility and dependence on God in our daily lives?

How might our church community be transformed if we all came as we truly are, without pretense or facade?

In what areas of your life do you find it most difficult to admit your neediness and dependence on God?

How can we balance the tension between coming to God 'as we are' and also growing in holiness?

What role does vulnerability play in authentic Christian community, and how can we foster it?

How might regularly meditating on Psalm 70:5 ('I am poor and needy') impact our spiritual lives?

In what ways can we practically support and encourage one another to approach God and others with honesty about our struggles and needs?